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About the Author

Non-fictional books by Dr. Aquino generally fall into three categories: historical, practical, and initiatory.

Historical works include The Neutron Bomb (a study of the domestic and foreign politics surrounding the proposed NATO introduction of that weapon in 1977-8) and Extreme Prejudice (a documentary exposé of the 1986-7 "Satanic ritual abuse" scam at the Presidio of San Francisco.

Two other [2-volume] books - The Church of Satan and The Temple of Set - are not only histories but initiatory analyses as well, examining the philosophical and metaphysical concepts which define and energize those religious institutions.

As one of the U.S. Army's extremely rare Political-Military Affairs Officers [with credentials in Strategic & Space Intelligence, Psychological Operations, Special Forces, Civil Affairs, Defense Attaché, and Foreign Area Officer], Dr. Aquino has also introduced the practical application of "MindWar" as a methodology for reducing, if not eliminating contemporary humanity's obsession with and reliance upon murderous, destructive conventional war (PhysWar"). His 2013 book MindWar introduces this solution and outlines its successive stages of implementation.

Finally a purely-initiatory work, MindStar, addresses the purely-metaphysical "soul" of human thought which MindWar [as a practical curriculum] omits, confronting the elusive questions of human divinity and immortality.

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MindStar explores the mystery of the human soul: what it is, how it can be detected, and how it can be creatively and productively activated. Included is a historical survey of misapprehensions, misuses, and outright rejections of this central, crucial metaphysical core of human existence.

The soul, or "MindStar" as redefined herein, is the key to individual conscious immortality, which is addressed and prescribed clearly and coherently.

My companion book MindWar details the "thought architecture" which is subject to natural and artificial manipulation: subconscious/pattern and conscious/algorithmic thinking. Specifically excluded was conceptual thought, which, being metaphysical, is not subject to such manipulation. This thought comprises the emanations of the MindStar, which this book now examines.

The result of an incarnated lifetime of experience, research, and exploration by the author, MindStar speaks directly and candidly to the questions which have previously been evaded, misarticulated, or condemned as "sacrilegious" or "unscientific" by those fearful of what they might find within themselves.

In short, MindStar is, finally, an "owner's manual" for the ultimate, omnipotent, and immortal you.

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Most helpful customer reviews

17 of 17 people found the following review helpful.

A Reasonable book about Immortality

By Don J. Webb

Egyptian religion is known for its after-life books: The Book of the Heavenly Cow, The Book of the two Paths, The Book of Coming Forth by Day. Like all humans, they wondered about two things; 1. What happens after "I" die? 2. Is there a "me" – because one second I'm thinking about mathematics, then about getting laid, then about religion, then about lunch? How can something as my ever-changing mind be anything?

Under the influence of an Egyptian aesthetic, one of the most notorious men of our times has written a short experienced-based philosophically sound after life manual. Drawing from his decades of running the most sophisticated Left Hand Path group in the often controversial Temple of Set the West, Dr. Aquino has given us this little gem. These aren't his "answers." These are method of rational thinking that will lead you to your own. Philosophically Aquino is a perennialist. Plato's ideas about the nature of immortality and the purpose of life loom large in these papers. Aquino's thinking is in the same camp as Ken Wilbur or Alan Coombs – but a touch more clear, a touch more cold – and to my taste much more focused.

Now I know many people will be drawn to this book because of Aquino's sinister reputation – he was a mo0ver and shaker in the Church of Satan, an PSYOP in the Green Berets, an intelligence officer at Space Command, connected with strange Lovecraftian rites, a Scottish Baron, and most damningly an Eagle Scout. Whereas I encourage folks to buy this book for those reasons – after all – money is money – they will be disappointed.

This is not a book about worshipping the devil. It is not a tome of spells and eldritch runes. It is about the purpose of life.

The meaning of life is to convince the psyche of its own immortal existence, and inspire to seek out the limits and possibilities of this existence. This book will be of interest to anyone who looks at Plato, at Integral thinking, at the philosophical underpinnings of occult practice – but on a bigger scope

This book is of interest to anyone who will die, and wants a better experience afterward based on their own

efforts.

7 of 7 people found the following review helpful.

Owner's manual for the soul

By Felipe Perez

Nearly all works concerning the nature of the consciousness or the self are written from a perspective firmly rooted in New Age goobledygook or some interpretation of Eastern mysticism. Usually it's the latter. They all spew the same general idea that individual consciousness is an aberration that must be remedied through the submission of the will and the ultimate dissolution of the individual into some assumed great cosmic consciousness or god.

This is not the case with Dr. Aquino's MindStar. MindStar approaches the mysteries of consciousness from a premise that the individual consciousness is something to be examined, appreciated, and actualized.

MindStar explores the concept of individual consciousnesses and their relationships with one another and the world through history and beyond. Dr. Aquino leads the reader to consider the idea of the multifaceted soul or Mindstar - which is not the moment to moment sense of awareness created by thought and sensory perception - but a "purely-metaphysical locus of conscious existence (MindStar)" that can't be known through the physical senses- but through developing a sensitivity and awareness to the shadow it casts on everything else.

Of special note is the chapter on Egyptian MindStar Emanations, which presents a dynamic map or model of the individual consciousness which can be activated by the conscious reader to provoke personal experiences of the soul or Mindstar. This chapter is alone is worth the price of admission.

This is one of those books which reveals more with each rereading. Dr.Aquino has pulled out all the stops here. As he writes in the preface, it was written in manner "tongued with fire." There are relevant topics explored here in a depth that I have not seen in any other of his public published works.

You need not have read any of the author's prior books to dive into MindStar.

Although this book is another of Dr.Aquino's gifts to humanity, a companion to MindWar, this book is not for everyone. A life affirming approach to the mystery of consciousness that champions the individual will not be a popular read in an age that frowns upon individuality in favor of a watered down collective that sacrifices quality and creativity. For a few this book may be their personal King in Yellow, to a few others, perhaps you who are reading these words right now, this book may be precisely what you need right now.

I really enjoyed this book and can't stress its significance enough to those in pursuit of the mysteries of consciousness and the Will to Power.

This book is a true Necronomicon.

6 of 6 people found the following review helpful.

and intellectual vigor we've come to appreciate in his previous works like MindWar, The Church of Satan By Fritz Fredric

With the eloquence, compass, and intellectual vigor we've come to appreciate in his previous works like MindWar, The Church of Satan, and The Temple of Set, Dr. Michael Aquino sets out to add light to the question that has plagued philosophers and remains at the center of all serious spiritual inquiry – the Soul; what is it? Where is it? Does everybody have one? If you don't have one, how might such a thing be acquired?

Aquino works with a very powerful form of magic - the kind of magic that can give birth to new worlds and new civilizations of peace and prosperity; or, if found in the wrong hands could be used to destroy planets more efficiently than the Death Star. Fortunately it is unlikely to fall into careless or immature hands due to

the discipline required to access this sort of perspective on the self and the Universe. People looking for new spells to summon demons or win lovers will be disappointed with MindStar, which is sad because they are the ones who could benefit most.

MindStar, is kind of like the spiritual follow-up to his Socio-Political work MindWar. See what's going on here? The world outside is 'war,' but the world inside, that's a 'star,' a point of light and the center of an entirely new universe. I have to admit after reflecting on the title and the intriguing cover art, I suddenly got the David Bowie song 'Star Man' (from the Ziggy Stardust era) going in my head, and thought 'There's another magician who likes to work with star themes a lot.' You got Star Man running in your head now too? Good, let's proceed...

A reoccurring theme throughout MindStar is that affirming one's self and asserting one's individuality is what develops and possibly defines the soul - or at least that aspect of the soul that might possibly continue beyond the biological envelope. MindStar approaches this with the work of understanding the distinction between the Subjective Universe and Objective Universe, and the work of defining the former as the most unique essence of independent perspective and self – the real 'you' of it all. This has long been a key concept for Setians, and MindStar takes the idea out to a much wider audience that can only stand to benefit from reflecting on it.

Aquino also explores the phenomenon of the Collective Subjective Universe (or CSU). A sort of 'subjective overlay' this is essentially Aquino's conception of 'Collectivism' and Groupthink, the deleterious influences of which he traces through politics, education, and foreign policy. As he states:

"This [the CSU] was most famously caricatured in George Orwell's novel 1984, in which failure to accept the Party's CSU not just at the conscious but at the subconscious "reality" level was condemned as the worst of all possible sins: "thoughtcrime" – correspondingly requiring not just punishment but "curing" by destroying the offender's ability to see "reality" other than through the Party's CSU." (p. 28)

Contrast this with Egyptian society where he notes:

"Harmony with the cycles of things, not defiance of them, was the Egyptian ideal – which explains whey the essential character of Egyptian society remained little changed, except to meet eternal intrusion, for thirty dynasties extending over 3,000 years." (p. 39)

Aquino then leads the reader through an in-depth exploration of the Egyptian Priesthoods, where the Priesthood of Horus was the oldest, and Set was the god "who was 'different' from all of the others," (p. 47) and eventually a most comprehensive and enlightened study of the Egyptian soul complex, of which there are eight distinctive levels. For those familiar with the Theosophical, Gurdjieffian or Tantric ideas about different souls or bodies, you'll find most of them represented here. For instance, the 'Khat' almost certainly equates with the Astral, Emotional or 'Kesdjian' Body. The 'Ren' seems functionally similar to the Intellectual Body. The 'Khabit seems to correspond with the idea of the Doppelganger. The 'Ab' seems to correspond with the 'Higher Emotional' or 'Ethereal' Body, and finally the 'Ba', which may correspond with the 'Spiritual Body' and also equates with the Setian idea of the Gift of Set. Also as in these other systems certain of these soul elements may live on independently as semi aware ghostly imprints, but the one we really need to worry about is the Ba, being the centrality of self-consciousness. If you are familiar with these corresponding systems you will find this part fascinating, and have to ponder the possibility of their origins amongst ancient Priesthoods of Egypt. For many this exposition will be a key take-away from the book providing a comprehensive tool for understanding the inner workings of the self.

All these aspects of the soul, the nature of self-consciousness, and the fundamental separation of the Subjective Universe from the Objective Universe mean that man's purpose – which he sees expressed in the Greek word Telos – is to go through increasingly greater manifestations of individuation and expansions of perception – a process he expresses in the Egyptian verb Xeper. He writes,

"There was [amonst the Greeks] of necessity a purpose to this existence greater than the natural, whether divinely or individually inspired (logos). In individual humans the Egyptians knew it as Xeper: the everexpanding, evolutionary assertion of being. In Greece it was sought as telos – usually translated as "purpose" but referring not to mere convenience or application, but to a being's, or object's, or process' metaphysical fulfillment. Thus Xeper or telos was not always readily apparent; it was a profound, hidden magic which only the enlightened consciousness could come to recognize and appreciate." (p. 86)

Aquino also supplies some excellent historical discussion and analysis on the evolution of political philosophies about the nature and place of the individual, contrasting John Locke's championing of 'inalienable rights' and property rights of individuals against Jean-Jacques Rousseau's proto-socialist ideas Social Contract theory:

"Rousseau's solution is that everyone first give all his rights and property to the state, and submerge his personal will in a cooperative "general will" The only true source of morality is this "general will"...If man obeys his private will in a civil state, he reduces himself to the level of a brute animal and causes society to degenerate into an oppressive, power-manipulative system. He must formulate his own will in terms of relevance to moral principle [as expressed by the "general will"]. Thus society "forces him to be free" – to exercise his will in coherence with the "general will"." (p.107)

In following the emergence of these enlightenment era ideas about individuality's conflict with the state's collectivism, Aquino follows the first attempts at government regulation and the rise of the tradition of cronyism during the Industrial Revolution and the first attempts of governments to manipulate private business for national interests:

"Government aid to such industrial enterprises was also a new development, consisting of a gradual liberalizing of corporate law and the instituting of protective tariffs in order to help protect budding national industries against competition from further-developed foreign ones. By the 1890s England, Belgium, and Holland were the only countries still observing a free-trade policy."(p. 122)

Such of course eventually blooms into the visions of Karl Marx and his Hegel-derived theory of Dialectic Materialism, who Aquino notes "denied the existence of any supernatural intelligence," (p. 123) Thus it is safe to assume Marx wouldn't have appreciated the idea of a uniquely individual soul or 'Ba' that is supraconscious and can survive biological death.

Nevertheless the stage was set for the rise of Totalitarianism in the 20th century. Marx's ideas fueled the rise of the rise of the Soviet Union and outright governmental suppression of ideas about individuality as well as the soul. An lesson important now more than ever since people – even those who profess to follow the Left-Hand Path - are losing sight of the fact that socialism/collectivism cannot possibly represent anything other than a threat to individuality and freedom; that socialism destroys the soul since by attempting to suppress the individual drive for success and independence, it cannot help but likewise suppress the divinity that might grow from it.

The final chapter – Beyond Incarnation – delves more deeply into the inner works of conscious development, with flotation tank experiments, techniques for reflective and non-reactive thinking, and remembering one's

already inherent immortality. He writes:

"Is attainment of the immortality of the ba or psyche a technique which the individual has to "learn"? Must one hurry to do so, lest one's body expire before the transition is mastered? Quite the contrary, as the sage in Her-bak emphasized: this immortality is innate in all conscious beings. You possess it already, by evidence of that same consciousness which enables you to read and comprehend these words." (p. 141)

The question for most of us will then become, "am I a conscious being?" My personal recommendation is to not answer this question in haste.

Two more special treats special treats conclude with Dr. Aquino's infamous Sphynx and Chimera Working, and then a selected Bibliography. In case you didn't know The Sphynx and Chimera Working is a document from 1975 exploring and examining and contrasting the ideas of Plato, Aristotle and Pythagoras, all of which provide insight into some fundamental Setian ideas. The Bibliography is an extensive list of books that were influential for the author, and pursuing these titles should keep you busy.

Though a relatively short book, MindStar will keep your mind active for a while, and if the stars are right, chances are you'll be returning to it again and again in search of new insights.

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