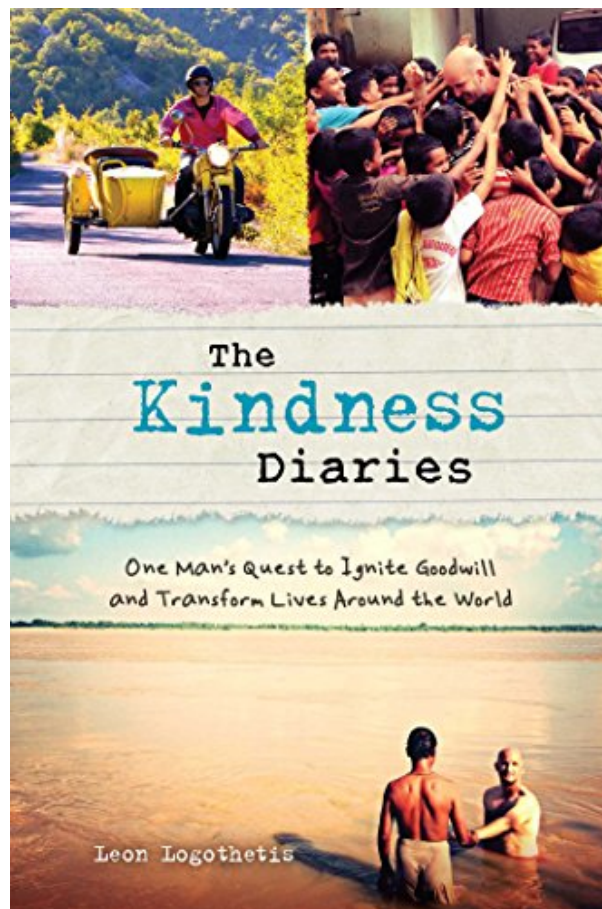
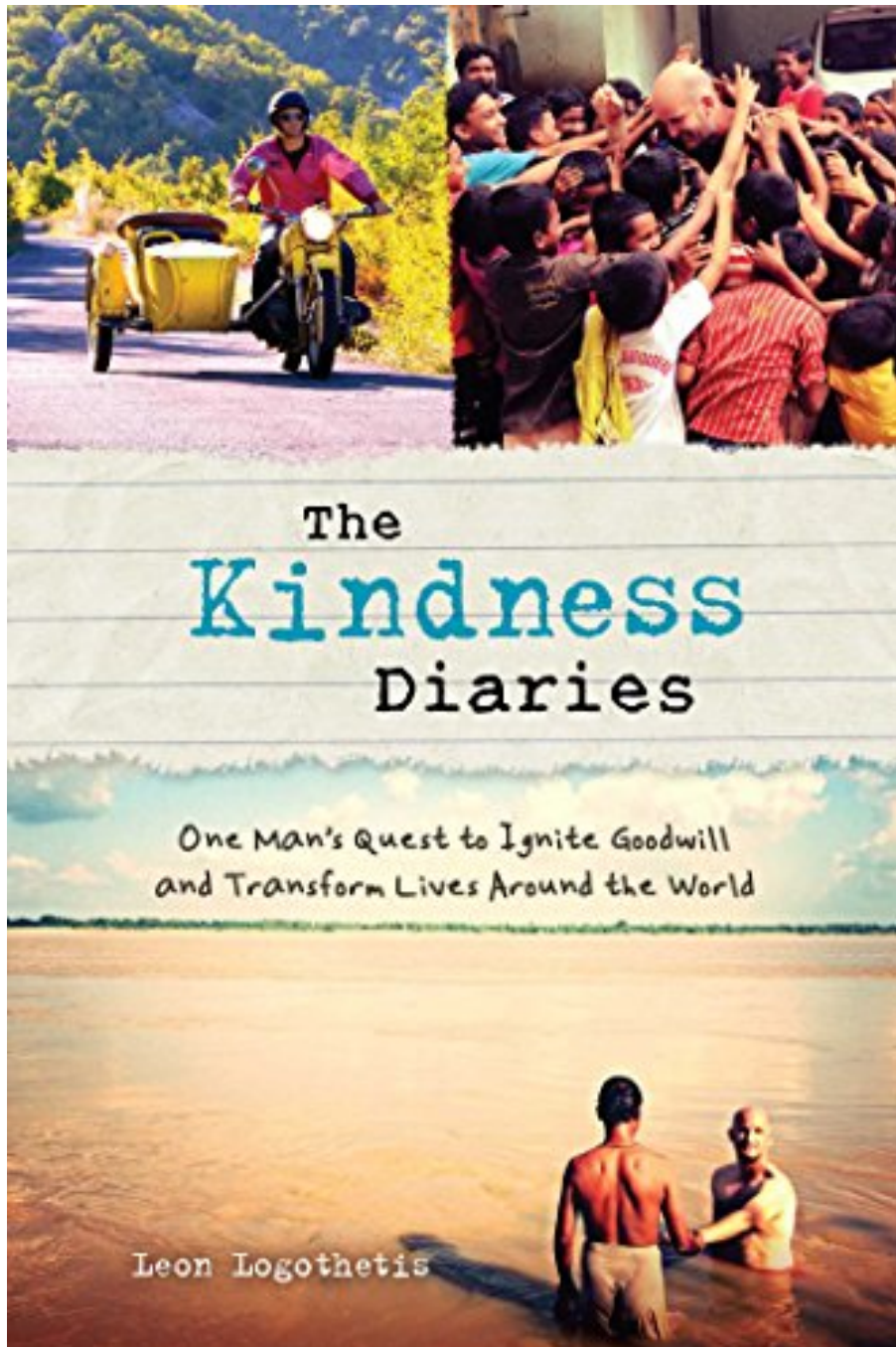


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QUEST TO IGNITE GOODWILL AND  
TRANSFORM LIVES AROUND THE WORLD  
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--Brad Jamison, Founder of Good Citizen

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The incredible journey of one man who sets out to circumnavigate the globe on a vintage motorbike fueled by kindness.

Follow the inspirational journey of a former stockbroker who leaves his unfulfilling desk job in search of a meaningful life. He sets out from Los Angeles on a vintage motorbike, determined to circumnavigate the globe surviving only on the kindness of strangers. Incredibly, he makes his way across the U.S., through Europe, India, Cambodia, and Vietnam, and finally to Canada and back to the Hollywood sign, by asking strangers for shelter, food, and gas. Again and again, he's won over by the generosity of humanity, from the homeless man who shares his blanket to the poor farmer who helps him with his broken down bike, and the HIV-positive mother who takes him in and feeds him. At each stop, he finds a way to give back to these unsuspecting Good Samaritans in life-changing ways, by rebuilding their homes, paying for their schooling, and leaving behind gifts big and small. The Kindness Diaries will introduce you to a world of adventure, renew your faith in the bonds that connect people, and inspire you to accept and generate kindness in your own life.

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#### Most helpful customer reviews

15 of 18 people found the following review helpful.

Normally I can find something good in any book, I mean "something"..... Not so with this book! Save your time.

By doug w draper

First book I ever wanted to return for a refund! The buyer of this book should know that the author takes a camera crew with him to film from a distance how he gets people to pay for his gas, lodging etc, as he travels around the world on a yellow motorcycle. The camera crew is a dead give away that he did this book strictly for economic gain, he was not on some existential journey. One of my points is that if people were not being filmed they would have simply thought he was just another homeless guy looking for a free ride causing his trip to take forever. Which if possible would have made the book even more boring. People are much more giving when they think someone is watching them or somehow they feel like they got "credit" for the help. Skipping the camera crew problem, the writing is bland, the story is bland. I would rather watch paint dry than read this book!

20 of 26 people found the following review helpful.

What the world needs- a chance to give stuff to a rich American

By Snapperblue

Another self-aggrandizing book by someone "doing good" in his travels. Except in this case the "good" the author is doing is allowing others the opportunity to give HIM food, lodging, and gas. He gets a free trip around the world and they- the lucky souls- get the opportunity to show him "kindness," or rather, stuff that costs money.

Golly, are there not enough deserving people who really need help that we could be kind to? Do we need rich

Americans roaming the world allowing struggling Indians to feed them, house them, and even (!) buy gasoline for them?

Occasionally, he'd decide that one of the people who helped him deserved to be helped in return and (cue the camera crew) he'd spring out a grand gesture- rent an apartment for a homeless man, buy a rickshaw for a rickshaw driver, buy a cow for a farmer.

If you feel inspired by his actions (and judging from the reviews, many people do), you can help similar people in need by setting up Kiva account and making a \$25 loan to a farmer, motorcycle taxi driver, or small manufacturer to allow them to increase their earnings. When they pay the money back, you can re-lend it to someone else. You can help more people than he did, though you will not be the star of a TV show, see the recipients sob with gratitude, or be praised for being wonderful.

I was not too bothered by his soliciting corporate donations for transportation across oceans or his begging in wealthy countries, but when he started freeloaded off impoverished people in the third world, I found it really offensive. If people struggling to feed their children did not step up immediately to feed and house this wealthy foreigner, he'd get whiny about the lack of kindness he was experiencing.

It is significant to me that he did not take the trip, then write the book when he realized what a great story it was. Rather, he set out with a film crew and the intention to write a book. There is something a lot less pure about that, a lot more staged... a lot more fake. He says that the camera crew remained hidden until he'd been offered donations, so their presence did not influence people's willingness to help him. Somehow I suspect that they were always called in to glorify his donations. Their presence was never mentioned in the body of the book.

I was also irritated by the tone adopted when he talked about his girlfriend, whom he seemed to view as clingy and lacking in independence because she wants a commitment in their relationship, while he needs to run free. Unless he was discouraged in his trip, when he called and leaned on her for support. Sigh.

By all means, be kind! Do boring errands for a senior citizen! Provide respite care for someone caring for a disabled child or a spouse with Alzheimer's! Read to kids, contribute to groups that help refugees, help at the food bank.

Just please don't have others pay for your trip around the world and brag to me about how great you are for letting them do it!

1 of 1 people found the following review helpful.

Extraordinary and transformational book

By Brian Sweeny

Review written by Bettina Schneiderman:

"The Kindness Diaries" by Leon Logothetis is an extraordinary book of deep connection and a demonstration of true love. By sharing his journey of traveling around the world, he teaches us all to trust the universal flow of love which is always present. When hope is lost, it is always rekindled by the love and compassion of another. In addition, as we unconditionally love and give of ourselves, we grow and evolve in ways that are unimaginable and profound. Both people are transformed forever. Leon has a gift to write, he is able to touch the soul of the reader. He is able to make you laugh, cry, and be deeply inspired. I recommend that everyone snuggle up with your children, spouse, or loved one and bring them a gift of hope, truth and a touch of God.

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